

Arianna Betti

EDUCATION

- **M.D., University of Insubria, Varese. (2018)**

CERTIFICATION AND LICENSE

- Licensed physician in Italy 2018

MEDICAL TRAINING

- **Residency:** Anaesthesia and Intensive Care, “Maggiore della Carità” Hospital, Novara (2018 – 2023). Currently attending year 3 of 5.
 - Attendance in OR (Neurosurgery, Urology, Traumatology, General Surgery, Emergency Surgery) and ICU (Covid Intensive Care Unit and Neuro Intensive Care Unit)
 - BLS/D Tutor for med students, residency Tutor for younger fellow co-workers.

LANGUAGES

- **Italian:** native language
- **English:** fluent, advance reading, writing and speaking

PERSONAL EXPERIENCES AND INTERESTS

2010 Exchange Student program. I’ve spent six months with a host family in Brisbane, Australia. This experience taught me to adapt and fit in new environments, and to overcome both language and cultural challenges. I’ve grown out of this experience as a humble young adult, willing to learn as much as possible from any environment I find myself in. Australia is where I first found out about the Royal Flying Doctors Service, which has been one of the main reason I joined medical school in the first place.

I’m a very active and outdoors-loving person. I’ve grown up hiking, biking, climbing and skiing in the Italian Alps. Climbing, exploring glaciers and ice caves taught me the importance of working in a team, with people who trust me and who I can trust myself.

I’ve spent more than 15 years practicing martial arts, both as a pupil and as teacher to younger kids. This experience taught me what a chain of command is and how to respond to it, whether as a follower or as a leader, and to apply this skills into my workplace.

In the future, I can picture myself working either for a Trauma Center or for one of the many helicopter “search and rescue” teams spread all around the Italian Alps.