

PERSONAL INFORMATION

Alberto Lontano



Sex | Date of birth | Nationality **Italian**

EDUCATION AND TRAINING

Feb 2025 - now Adjunct Professor at Università Cattolica del Sacro Cuore
 Faculty of Medicine and Surgery "A. Gemelli"
 Bachelor's Degree in Nursing
 Course location: Istituto Piccola casa Divina Provvidenza Cottolengo, Turin
 Course title: *"Epidemiologia, igiene e problemi prioritari di salute"* in the integrated course
"Basi epidemiologiche, promozione della salute e sicurezza" presso la

Jul 2025 - now Adjunct Professor at Università Cattolica del Sacro Cuore
 Faculty of Medicine and Surgery "A. Gemelli"
 Bachelor's Degree in Biomedical laboratory techniques
 Course location: Scuola Provinciale Superiore di Sanità, Bolzano
 Course title: *"Epidemiologia clinica e sperimentale"* in the integrated course
"Metodologie per l'organizzazione di laboratorio, medicina legale e Bioetica"

Jan 2025 – Mar 2025 Quality Assurance and Auditing Course
 At Società Italiana di Medicina Farmaceutica (SIMeF)

Jan 2025 – now Physician at Hospital Medical Management Unit and Clinical Trial Unit Coordinator
 At Azienda Ospedaliero-Universitaria "Maggiore della Carità", Novara

April 2024 – Jan 2025 Physician at Hospital Medical Management Unit
 At Azienda Ospedaliero-Universitaria "Maggiore della Carità", Novara

Feb 2024 – Feb 2025 Scientific advisor for Project "Ospivax: vaccinarsi in ospedale"
 At Fondazione Tendenze Salute e Sanità

- Oct 2023 – Dec 2023 Visiting Researcher
At Allelica, Inc, Oxford
- 3-month secondment through “The European network staff eXchange for integrAting precision health in the health Care sysTems” (ExACT), a Marie Skłodowska-Curie Research and Innovation Staff Exchange (RISE) project.
- Jan 2023 – Feb 2024 Second level University Master Course in Epidemiology and Biostatistics
At Università Cattolica del Sacro Cuore, Rome
- Apr 2022 – Jul 2022 Advanced training course “Vaccini e strategie di vaccinazione” – 22nd edition
At farecomunicazione e20
- Jan 2021 – Jan 2025 Specialization in Hygiene and Preventive Medicine
At Università Cattolica del Sacro Cuore, Rome
Dissertation/thesis title: Surveillance of surgical wound infections: the experience of two Italian hospitals compared.
Thesis supervisor: Prof. Patrizia Laurenti
Final specialization mark: 50/50 cum laude and mention
Specialization date: 27/01/2025
- Oct 2020 License to Practise Medicine
- Oct 2012 – Mar 2020 Master degree in Medicine and surgery
At Università degli studi di Torino
UniLM-41 – 2nd level degree in Medicine and surgery
Dissertation/thesis title: Familial melanoma: a clinic, genetic and dermoscopic study.
Dissertation/thesis subject: Dermatology
Thesis supervisor: Prof. Maria Teresa Fierro
Age at graduation: 26
Final degree mark: 110/110 cum laude and dissertation is recommended for publication
Graduation date: 24/03/2020
- Oct 2007- Jun 2012 Secondary Education Certificate with scientific orientation; final grade: 100/100
At Liceo Scientifico Piero Gobetti

WORKING EXPERIENCE

May 2021 - Mar 2022

 Vaccinating Physician
At Local Health Unit ASL Roma 1

Involved in the COVID-19 vaccination campaign as vaccinating physician at

Fondazione Policlinico Universitario "A. Gemelli" IRCCS.

PUBLICATIONS

Zocchi L, Lontano A, Merli M, Dika E, Nagore E, Quaglino P, Puig S, Ribero S. Familial Melanoma and Susceptibility Genes: A Review of the Most Common Clinical and Dermoscopic Phenotypic Aspect, Associated Malignancies and Practical Tips for Management. *J Clin Med*. 2021 Aug 23;10(16):3760. doi: 10.3390/jcm10163760. PMID: 34442055; PMCID: PMC8397216.

Cascini F, Pantovic A, Al-Ajlouni YA, Failla G, Puleo V, Melnyk A, Lontano A, Ricciardi W. Social media and attitudes towards a COVID-19 vaccination: A systematic review of the literature. *EClinicalMedicine*. 2022 Jun;48:101454. doi: 10.1016/j.eclinm.2022.101454. Epub 2022 May 20. PMID: 35611343; PMCID: PMC9120591.

Pascucci D, Nurchis MC, Lontano A, Marziali E, Vetrugno G, Cambieri A, Moscato U, Di Pilla A, Damiani G, Laurenti P. Flu and COVID-19 Vaccination: What Happens to the Flu Shot When the Campaigns Overlap? Experience from a Large Italian Research Hospital. *Vaccines (Basel)*. 2022 Jun 19;10(6):976. doi: 10.3390/vaccines10060976. PMID: 35746583; PMCID: PMC9228127.

Nurchis MC, Lontano A, Pascucci D, Sapienza M, Marziali E, Castrini F, Messina R, Regazzi L, Causio FA, Di Pilla A, Vetrugno G, Damiani G, Laurenti P. COVID-19 Vaccination Campaign among the Health Workers of Fondazione Policlinico Universitario Agostino Gemelli IRCCS: A Cost-Benefit Analysis. *Int J Environ Res Public Health*. 2022 Jun 26;19(13):7848. doi: 10.3390/ijerph19137848. PMID: 35805506; PMCID: PMC9265476.

Marziali E, Lontano A, Regazzi L, Paladini A, Villani L, Calabrò GE, Damiani G, Laurenti P, Ricciardi W, Cadeddu C. Factors Influencing the Choice to Advise for or against COVID-19 Vaccination in the Physicians and Dentists of an Italian Region. *Vaccines (Basel)*. 2022 Oct 25;10(11):1793. doi: 10.3390/vaccines10111793. PMID: 36366302; PMCID: PMC9696475.

Regazzi L, Marziali E, Lontano A, Villani L, Paladini A, Calabrò GE, Laurenti P, Ricciardi W, Cadeddu C. Knowledge, attitudes, and behaviors toward COVID-19 vaccination in a sample of Italian healthcare workers. *Hum Vaccin Immunother*. 2022 Nov 30;18(6):2116206. doi: 10.1080/21645515.2022.2116206. Epub 2022 Oct 5. PMID: 36197125; PMCID: PMC9746397.

Beccia F, Aulino G, Amantea C, Lontano A, Altamura G, Marziali E, Rossi MF, Pascucci D, Santoro PE, Oliva A, Capelli G, Federico B, Damiani G, Laurenti P. Medical Residents' Behaviours toward Compulsory COVID-19 Vaccination in a Tertiary Hospital in Italy. *Int J Environ Res Public Health*. 2022 Nov 30;19(23):15985. doi: 10.3390/ijerph192315985. PMID: 36498059; PMCID: PMC9736902.

Pascucci D, Grossi A, Lontano A, Marziali E, Nurchis MC, Grassi VM, Raponi M, Vetrugno G, Capelli G, Calabrò GE, Staiti D, Sanguinetti M, Damiani G, Laurenti P. Risk of Infection and Duration of Protection after the Booster Dose of the Anti-SARS-CoV-2 Vaccine BNT162b2 among Healthcare Workers in a Large Teaching Hospital in Italy: Results of an Observational Study. *Vaccines (Basel)*. 2022 Dec 22;11(1):25. doi: 10.3390/vaccines11010025. PMID: 36679868; PMCID: PMC9863759.

Lontano A, Marziali E, Galletti C, Mazza E, Gambioli S, Galasso V, Mingarelli A,

D'Ambrosio F, Tamburrano A, Paolini M, Bande A, Damiani G, de Waure C, Laurenti P. A real opportunity to modify cardiovascular risk through primary care and prevention: A pilot study. *Front Public Health*. 2023 Jan 10;10:1009246. doi: 10.3389/fpubh.2022.1009246. PMID: 36703856; PMCID: PMC9871452.

Calabrò GE, Pappalardo C, D'Ambrosio F, Vece M, Lupi C, Lontano A, Di Russo M, Ricciardi R, de Waure C. The Impact of Vaccination on COVID-19 Burden of Disease in the Adult and Elderly Population: A Systematic Review of Italian Evidence. *Vaccines (Basel)*. 2023 May 22;11(5):1011. doi: 10.3390/vaccines11051011. PMID: 37243115; PMCID: PMC10222140.

Regazzi L, Lontano A, Cadeddu C, Di Padova P, Rosano A. Conspiracy beliefs, COVID-19 vaccine uptake and adherence to public health interventions during the pandemic in Europe. *Eur J Public Health*. 2023 Jun 8;ckad089. doi: 10.1093/eurpub/ckad089. Epub ahead of print. PMID: 37290405.

Cascini F, Gentili A, Causio FA, Altamura G, Melnyk A, Beccia F, Pappalardo C, Lontano A, Ricciardi W. Strengthening and promoting digital health practice: results from a Global Digital Health Partnership's survey. *Front Public Health*. 2023 Jun 19;11:1147210. doi: 10.3389/fpubh.2023.1147210. PMID: 37404277; PMCID: PMC10315462.

Beccia F, Lontano A, Rossi MF, Marziali E, Pascucci D, Raponi M, Santoro PE, Moscato U, Laurenti P. Three-year COVID-19 and flu vaccinations among medical residents in a tertiary hospital in Italy: The threat of acceptance decline in seasonal campaigns. *Hum Vaccin Immunother*. 2023 Aug 1;19(2):2252708. doi: 10.1080/21645515.2023.2252708. PMID: 37706326; PMCID: PMC10503443.

Pascucci D, Lontano A, Regazzi L, Marziali E, Nurchis MC, Raponi M, Vetrugno G, Moscato U, Cadeddu C, Laurenti P. Co-administration of SARS-CoV-2 and influenza vaccines in healthcare workers: Results of two vaccination campaigns in a large teaching hospital in Rome. *Hum Vaccin Immunother*. 2023 Dec 15;19(3):2287282. doi: 10.1080/21645515.2023.2287282. Epub 2023 Nov 28. PMID: 38016914.

A. Lontano, D. Pascucci, F. Pattavina, S. Vincenti, F. Boninti, R. Grossi, I. Incitti, M. Bilotta, R. Pastorino, G. Vento, F. Gigli, R. Liperoti, F. De Meo, M. Antonelli, S. Lochi, P. Laurenti. Pilot randomized experimental study evaluating isopropyl alcohol and ultraviolet-C radiation in the disinfection of healthcare workers' smartphones, *Journal of Hospital Infection*. Volume 148. 2024. Pages 105-111. ISSN 0195-6701. doi.org/10.1016/j.jhin.2024.03.020.

Specchia ML, Beccia F, Cacciuttolo MG, Tona DM, Di Pumpo M, Porcelli M, Lontano A, Corona VF, Laurenti P, Boccia S, Pastorino R. An integrated pathway for influenza vaccination across primary and secondary care using a clinical decision support system: model definition and predictive impact analysis. *Eur J Public Health*. 2024 Sep 16;ckae137. doi: 10.1093/eurpub/ckae137. Epub ahead of print. PMID: 39284284.

Lontano A, Regazzi L, Tona DM, Di Pumpo M, Porcelli M, Cacciuttolo MG, Parente P, Gasbarrini A, Grandaliano G, Panocchia N, Lopetuso L, Pasciuto T, Cadeddu C, Bruno S, Laurenti P, Pascucci D, Pastorino R. Digital integration between hospitals and local health authorities for enhanced vaccination coverage among frail patients: the CareVax study protocol. *Front Public Health*. 2025 Jan 30;13:1490244. doi: 10.3389/fpubh.2025.1490244. PMID: 39949559; PMCID: PMC11822475.

Ratti M, Rescinito R, Gigante D, Lontano A, Panella M. Influenza Vaccination of Nurses and Other Health Care Workers in Different Occupational Settings: A Classic

and AI Mixed Approach for Time-to-Event Data. *Nurs Rep.* 2025 Mar 3;15(3):87. doi: 10.3390/nursrep15030087. PMID: 40137660; PMCID: PMC11944323.

Pascucci D, Lontano A, Marziali E, Vetrugno G, Moscato U; Vaccination Team of Hospital Hygiene Unit; Laurenti P; Group authorship.: Assessing vaccine coverage and delivery strategies for influenza and COVID-19 among Italian healthcare workers: A 2015-2023 case study. *Hum Vaccin Immunother.* 2025 Dec;21(1):2493027. doi: 10.1080/21645515.2025.2493027. Epub 2025 May 8. PMID: 40338231; PMCID: PMC12064054.

Farina S, Fevola G, Adduci A, Maio A, Lontano A, Ricciardi W, Gualano MR, Villani L. Trends in antimicrobial resistance education research: a bibliometric analysis. *One Health.* 2025 Jun 26;21:101120. doi: 10.1016/j.onehit.2025.101120. PMID: 40677968; PMCID: PMC12269413.

Cambieri, A., Marziali, E., Lontano, A., Laurenti, P., Pascucci, D., Anatomia e fisiologia dell'ospedale, in Walter Ricciardi-Carlo Favaretti-Patrizia Laurent, W. R. F. L. (ed.), *Manuale per navigare la complessità nell'ospedale del futuro*, Idelson-Gnocchi, Napoli 2024: 29- 45 [<https://hdl.handle.net/10807/277117>]

Cambieri, A., Laurenti, P., Lontano, A., Marziali, E., Edilizia ospedaliera, in Walter Ricciardi-Carlo Favaretti-Patrizia Laurent, W. R. F. L. (ed.), *Manuale per navigare la complessità nell'ospedale del futuro*, Idelson-Gnocchi, Napoli 2024: 29- 45 [<https://hdl.handle.net/10807/277117>]

Laurenti, P., Cambieri, A., Vincenti, S., Bruno, S., Quaranta, G., Raponi, M., Moscato, U., Lontano, A., Campo, E., Igiene ospedaliera, in Walter Ricciardi-Carlo Favaretti-Patrizia Laurent, W. R. F. L. (ed.), *Manuale per navigare la complessità nell'ospedale del futuro*, Idelson-Gnocchi, Napoli 2024: 29- 45 [<https://hdl.handle.net/10807/277117>]

PERSONAL SKILLS

Mother tongue(s) Italian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
	English	C1	C1	C1	
	Cambridge Assessment English				
French	A1	A1	A1	A1	A1

- Computer skills
- Proficient knowledge of MacOS and Window
 - Proficient knowledge of Microsoft Word, Excel, PowerPoint, Outlook
 - Intermediate knowledge of STATA
 - Basic knowledge of Python

Driving licence B



ALBERTO
LONTANO
AOU
NOVARA
11.08.2025
23:40:06
GMT+02:00